

ERASMUS - TENERIFE

My name is Lucia Costantino and I am a math and science teacher for the school lower secondary.

I had heard of Erasmus but only now do I understand the true meaning.

Erasmus is an opportunity of enormous human value as well as enrichment Cultural and linguistic.

I didn't know what I was getting into, the desire to get involved was great and the enthusiasm surpassed all my perplexities. It's not easy to sum up such a trip few words, i can only say that it was a fantastic experience for me because it has me allowed to meet people of different nationalities, in a foreign country that you hosts, living its daily life.

Erasmus opens your mind because it allows you to get to know different cultures and habits.

Discovering other cultures is a way to stimulate thought processes.

Comparing themselves with people from all over the world, they discover new things ways of thinking and therefore you will be more ready to face an increasingly global world.

The course held in Tenerife was very interesting for environmental issues face.

The most significant aspect of mobility in Tenerife is the fact that Tenerife is a destination that focuses on sustainable and environmentally friendly development.

The experience that made me particularly enthusiastic were above all the days spent at the PALMETUM which finds you in Santa Cruz de Tenerife which welcomes the best collection of palm trees in Europe and the excursion to the volcano Teide, the mountain highest in Spain!

Maybe it's because I'm passionate about Volcanoes.. but Teide (and the surrounding landscapes) really is something that left me speechless.

An incredibly fascinating apocalyptic landscape made of rock formations from surreal forms then for me that I am a naturalist it was an experience truly unique. Just as I can say that participating in Erasmus means living a unique and unrepeatable experience.